



**Costs
Less
Bakes
Better**
CALUMET
**BAKING
POWDER**

ECONOMY—that's one thing you are looking for in these days of high living cost—Calumet insures a wonderful saving in your baking. But it does more. It insures wholesome food, tasty food—uniformly raised food. Calumet is made right—to sell right—to bake right. Ask one of the millions of women who use it—or ask your grocer.

RECEIVED HIGHEST AWARDS
World's Pure Food Exposition, Chicago, Ill.
Paris Exposition, France, March, 1912.



You don't save money when you buy cheap or big-can baking powder. Don't be misled. Buy Calumet. It's more economical—more wholesome—gives best results. Calumet is far superior to sour milk and acids.

TOBACCO COTTON

**ALL GRADES
At Lowest Prices**

Twin Bros. Dep't Store,

Seventh and Main Sts., Paris, Ky.



It's Daddy Talking

"HUSH, children; it's daddy talking."
"Yes, Jim; we are all well and the children have been real good. How have you been? Coming home tonight? That's fine! It will be good to see you."

The business man who is obliged to be away from home brings joy to the family circle by cheery words over the long distance Bell Telephone which keeps him always in touch with home conditions.

When You Telephone—Smile

**Cumberland Telephone
and Telegraph Company**

INCORPORATED.

122 SOUTH PRYOR STREET, ATLANTA, GEORGIA.



KENTUCKY TRACTION & TERMINAL COMPANY.

Interurban Schedule.

Leave Lexington	Leave Paris
*6:00 a.m.	for Lexington 6:45 a.m.
7:20 a.m.	*7:30 a.m.
*8:00 a.m.	8:15 a.m.
8:50 a.m.	*9:00 a.m.
10:20 a.m.	9:45 a.m.
11:50 a.m.	11:15 a.m.
1:20 p.m.	12:45 p.m.
2:50 p.m.	2:15 p.m.
3:30 p.m.	3:45 p.m.
4:20 p.m.	4:30 p.m.
5:00 p.m.	5:15 p.m.
6:00 p.m.	6:05 p.m.
7:20 p.m.	6:50 p.m.
9:10 p.m.	8:15 p.m.
11:00 p.m.	10:05 p.m.

* Daily except Sunday.

TREES Strawberry Plants

**Fruit and Shade Trees,
Shrubs, Asparagus, Grape
Vines, Rhubarb, Peonies,
Phlox, Seed Potatoes, etc.
Everything for Orchard,
Lawn and Garden.**

Free Catalog No Agents

H. F. Hillenmeyer & Sons,

Lexington, Ky.

Nurserymen Since 1841

(20Feb2mo)

HOW CHILDREN MAY LEARN TO BEHAVE.

In the April Woman's Home Companion Mary Heaton Vorse goes on with her series of articles entitled "The New Freedom For Little Children," in which she is describing the Montessori methods of education. The question most frequently asked by mothers interested in the Montessori plan is: "What about discipline?" This question is met in the Montessori plan by the suggestion that there be established and respected in each home what is called a "public opinion" of the home—the establishment in the home of certain principles and standards which all the individuals in the household, children and adults, will recognize and live up to. Following is an extract for the article:

"The question that all people interested in the Montessori movement have put to them perhaps more than any other runs something like this: 'Well, if we leave a child free, how is discipline to be maintained? How is a child to learn not to be a nuisance to himself and everybody else? How shall we make children mind?' One is even asked questions as unintelligent as: 'Does Doctor Montessori mean by freedom that if a child wants to sit up all night should one let it?'"

"Why we should so muddle freedom with license it is hard to understand. For you and me freedom of action does not mean that when we go forth on the street we may knock off Mrs. Smith's hat because we do not happen to like its color or approve of its shape, nor does it mean this kind of liberty for a child."

"Doctor Montessori's own definition of 'freedom' is 'conditions favorable to life,' and therefore to development. 'To understand to the fullest degree what she means by 'conditions favorable to life' means the study of her entire work. Certainly the conditions in her schools must be favorable to life, if one may judge by the harmonious atmosphere that prevails there. One visit to a Montessori school will show that the behavior of the children in these schools surpasses our most exacting ideal of behavior of small children. Besides good manners, the children show a cheerful and willing obligingness in the face of the suggestions of the directress. I say 'obligingness' advisedly, rather than 'obedience,' because the attitude of the children is that of accepting suggestions, much as civilized grown people accept suggestions from those whom they love."

The longest item of news ever telegraphed to a newspaper was the entire New Testament as revised, which was sent from New York to a Chicago newspaper for May 22, 1882. That issue of the paper comprised twenty pages, sixteen of which were taken up by the New Testament.

MUST BE IN A HURRY.

(Washington Star.)
It is evident that Governor Colquitt is not disposed to wait for the arrival of the motion picture man before proceeding to business.

COUNTY COURT DAYS.

Below is a list of the days County Courts are held each month in counties tributary to Paris:

Anderson, Lawrenceburg, 3d Monday.
Bath, Owensville, 2d Monday.
Bourbon, Paris, 1st Monday.
Boyle, Danville, 3d Monday.
Breathitt, Jackson, 4th Monday.
Clark, Winchester, 4th Monday.
Fayette, Lexington, 2d Monday.
Fleming, Flemingsburg, 4th Monday.
Franklin, Frankfort, 1st Monday.
Garrard, Lancaster, 4th Monday.
Grant, Williamstown, 2d Monday.
Harrison, Cynthiana, 4th Monday.
Henry, Newcastle, 1st Monday.
Jessamine, Nicholasville, 3d Monday.
Lee, Beattyville, 4th Monday.
Lincoln, Stanford, 2d Monday.
Madison, Richmond, 1st Monday.
Mason, Maysville, 1st Monday.
Mercer, Harrodsburg, 1st Monday.
Montgomery, Mt. Sterling, 3d Monday.

Nicholas, Carlisle, 2d Monday.
Oldham, Lagrange, 4th Monday.
Owen, Owenton, 4th Monday.
Pendleton, Falmouth, 1st Monday.
Powell, Stanton, 1st Monday.
Pulaski, Somerset, 3d Monday.
Scott, Georgetown, 3d Monday.
Shelby, Shelbyville, 2d Monday.
Wayne, Monticello, 4th Monday.
Woodford, Versailles, 4th Monday.

YOU CAN'T EAT APPETITE POOR

Multitudes of people lose their appetite. Simply don't care for anything to eat. The dinner bell has no interest to them. They loathe their breakfast. They may nibble a little of this and a little of that, but they do not care for it.

Lunch has lost all of its charms, although they try to eat something. Dinner about the same.

There is something positively wrong, of course, but no disease that can be named. Just out of sorts. That is all.

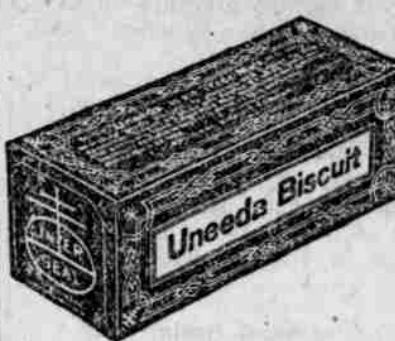
It is in this kind of a condition that Peruna acts very beneficially. After using Peruna, interest in food is revived. Beginning with a teaspoonful of Peruna before each meal will generally quickly improve the appetite and help the digestion.

Thousands of people can testify to this. Liberated from a slavery that is almost unbearable. The slavery of having no interest in life. All used up. Yet one does not know exactly why. Take Peruna before each meal. Skies will get blue again. Fields will look green once more and life will be pleasant. You will feel that you are good for something and the world is a good place to live in. Peruna will do it. Not as an artificial stimulant. Simply a tonic that stimulates appetite in a natural way.

Those who object to liquid medicines can now obtain Peruna Tablets.

Uneeda Biscuit

Nourishment—fine flavor—purity—crispness—wholesomeness. All for 5 cents, in the moisture-proof package.



Baronet Biscuit

Round, thin, tender—with a delightful flavor—appropriate for lunch, tea and dinner. 10 cents.



GRAHAM CRACKERS

A food for every day. Crisp, tasty and strengthening. Fresh baked and fresh delivered. 10 cents.



Buy biscuit baked by

**NATIONAL
BISCUIT
COMPANY**

Always look for that name

KENTUCKY COMPETITION AT CORN SHOW IS SPIRITED.

State awards for exhibits at the Sixth National Corn Exposition were announced at Dallas, Texas, on February 23.

Kentucky's competition was spirited in all classes. In the yellow dent corn, single ear class, Stevens Bros., of Burlington, received first honors. In the white dent, single ear competition, I. V. Hooper, of Morganfield, was first; any other dent, single variety, E. D. Wilson, of Scott. Hooper, of Morganfield, also won single ear State championship. Stevens Bros., of Burlington, showed the best ten-ear display of yellow dent corn and J. T. Sanderson & Sons, of Shelbyville, the best ten ears of white dent.

H. B. Ellison, of Scott, won first prize on best ten ears of any other dent. Henderson and Sons, of Shelbyville, were also awarded the State championship on ten ears. G. D. Karsner and Sons of Lexington, were first in white oats as well as first in any other variety. W. B. Karsner, of Lexington, led in winter wheat. Geo. D. Karsner and Sons, of Lexington, also carried off first prizes on sheaf wheat of any variety, barley and sorghum. J. T. Henderson and Sons, of Shelbyville, showed the best broom corn.

Awards for Kentucky were as follows:

Yellow Dent—Single Ear: First, Stevens Bros., Burlington; 2d, H. M. Houston, Bardwell; 3d, W. D. Drake, Lexington.

White Dent—Single Ear: First, L. V. Hooper, Morganfield; 2d, John Field, Versailles; 3d, J. W. Duncan, Nicholasville.

Any Other Dent—Single Ear: First, E. B. Wilson, Scott; 2d, H. C. Allen, Georgetown; 3d, J. Harvey Allen, Georgetown.

Championship—Single Ear: I. V. Hooper, Morganfield.

Yellow Dent—Ten Ears: First, Stevens Bros., Burlington; 2d, J. Harvey Allen, Georgetown; 3d, W. M. Hutson, Bardwell.

White Dent—Ten Ears: First, J. T. Henderson and Sons, Shelbyville; 2d, J. W. Duncan, Nicholasville; 3d, I. V. Hooper, Morganfield; 4th, John Field, Versailles; 5th, Stevens Bros., Burlington.

Any Other Dent—Ten Ears: First, E. B. Wilson, Scott; 2d, J. Harvey Allen, Georgetown; 3d, H. C. Allen, Georgetown.

Championship—Ten Ears: J. T. Henderson and Sons, Shelbyville.

OH, BUGS!

(Baltimore Sun.)
Between Colquitt and Huerta the State Department has something to scratch its head over.

It makes a fellow feel good when we're told: "It's dangerous to get rich too quickly." Think of the dangers newspaper men will escape.

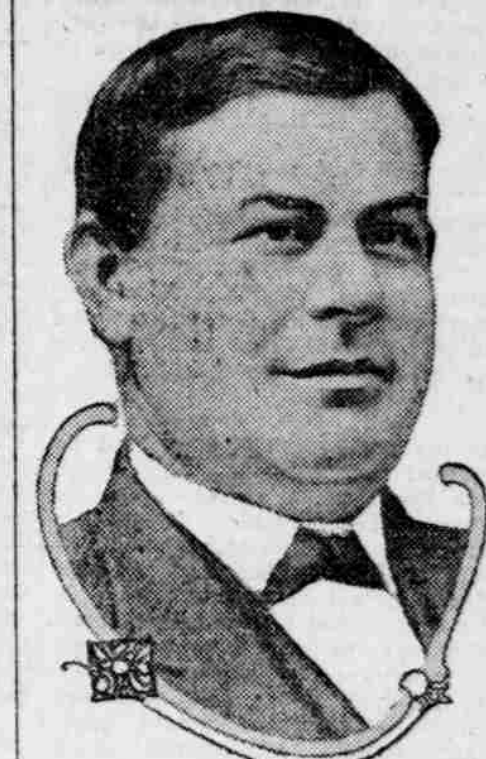
NEW REVOLUTION

Catawba Valley, N. C. Had a Peaceful But Powerful Awakening

STARTED WITH \$1,500 NOTE

Buckwheat Valley, Wisconsin, Becomes Prosperous Through Co-operation—What the Conference To Be Held in Louisville Really Is For.

A program built with experts from the various departments of the State and National Government, is naturally quite an easy matter. To go out over the country and find people who are really doing things in their own communities, is quite another proposition. This has been the task which the men who are handling the Conference for Farmers and Business Men have set for themselves this year.



Walter J. Shuford, North Carolina.

One of the most interesting men of this type in the whole United States is Walter J. Shuford, of Hickory, N. C. He is one of those men who evidently dreams wonderful dreams, then rolls up his sleeves and works hard to make those same dreams come true. Way down in North Carolina Mr. Shuford saw how his friends and neighbors were limping through life on a worn-out soil that would not seemingly supply their wants. At last he found the man he needed in Field Agent Conover, and they began work to interest a group of men in a dairy proposition. From a start that was made with a \$1,500 joint promissory note with which to finance the creamery, it has grown year after year until last October, the total sales amounted to over \$10,000. And it seems from the way in which things are growing that their co-operative organization will soon be handling a business that will total about \$500,000 a year.

One might write volumes about what has happened down in Catawba Valley in that Tarheel country, but it is enough to say that this man has changed the attitude and viewpoint of a county through his own enthusiasm. He will be in Louisville during the Conference, April 7-8-9-10, to tell his own story and to demonstrate the methods that he used to organize and develop this tremendous business.

FAT OF THE LAND

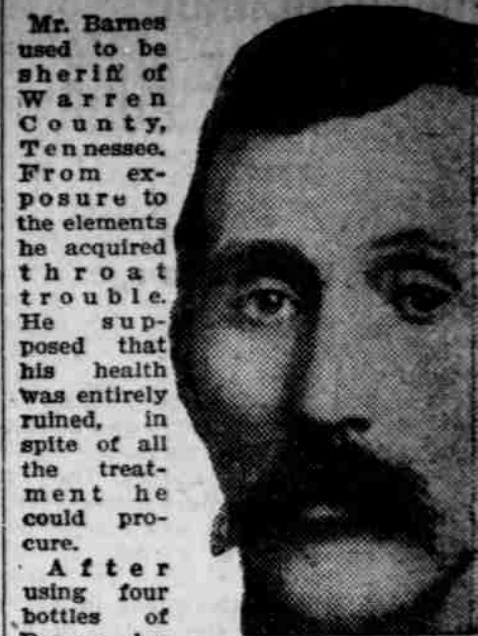
Seven years ago Buck Wheat Valley in Wisconsin was almost bankrupt. Two-thirds of her property was held in mortgages and the young people were drifting toward the city. Wheat, which in the early days had yielded 50 bushels to the acre, had dwindled to 15, and it was because of this that the people had to substitute buck wheat, hence the name of the Valley.

Seven years ago Mr. William Head and Mr. Grover began organizing the people about the LaValle for developing the creamery work and standardizing the potato crop. To-day there is hardly a mortgage in this neighborhood, the homes are painted, new barns are being built, silos stand as sentinels all over the country. Mr. Head and Mr. Grover will be in Louisville April 7-8-9-10, to tell how they lifted Buck Wheat Valley out of bankruptcy into plenty.

A GETTING TOGETHER

The seventeenth annual Conference of Farmers and Business Men which is to meet in Louisville, April 7-8-9-10, is a rather unique organization. It has absolutely no constitution or by-laws, no dues or conditions of membership. It is a loosely put together organization, which can easily shift its viewpoint or change its policy with the growth and temper of the people making up the membership for that particular year. It began its existence under the Southern Educational Board, which pays all the bills, and its President for sixteen years was that remarkable merchant of New York City, Mr. R. C. Ogden. He was one of those unusual men who can see not only the future in his own business, but also the future in other lines of activity. It has been the policy of this movement not to dictate what any meeting should do, but merely to help the groups that "get together" to find themselves and solve their own problems.

Suffered with Throat Trouble.



MR. B. W. D. BARNES, McMinnville, Tenn.

Mr. Barnes used to be sheriff of Warren County, Tennessee. From exposure to the elements he acquired throat trouble. He supposed that his health was entirely ruined, in spite of all the treatment he could procure. After using four bottles of Peruna, he claims that the task which the men who are handling the Conference for Farmers and Business Men have set for themselves this year.

Catarrh of the throat is not only an annoying disease of itself, but it exposes the victim to many other diseases. We are constantly breathing into our throats numerous atmospheric germs. Disease germs of all sorts. This cannot be avoided. If the throat is healthy the system is protected from these poisonous germs. But if the throat is raw and punctured with numerous little ulcers, by catarrh, then the disease germs have easy access to the system.

Keep the throat well and clean. This is the way to protect yourself against contagious diseases. Gargle the throat as explained in the new "Tills of Life," sent free by the Peruna Co., Columbus, Ohio.

Mr. Barnes says: "I had throat trouble and had three doctors treating me. All failed to do me any good, and pronounced my health gone. I concluded to try Peruna, and after using four bottles can say I was entirely cured."

It is not drawing the color line to object to a green crew on the blue ocean.

THE FORTY YEAR TEST

An article must have exceptional merit to survive for a period of forty years. Chamberlain's Cough Remedy was first offered to the public in 1872. From a small beginning it has grown in favor and popularity until it has attained a world wide reputation. You will find nothing better for a cough or cold. Try it and you will understand why it is a favorite after a period of more than forty years. It not only gives relief—it cures. For sale by all dealers. (March) (adv)

Typewriters....

**We Sell
All Makes.**

Underwood No. 5, \$50.00.
Underwood No. 4, \$45.00.
Oliver No. 5, \$60.00.
Oliver No. 3, \$40.00.
Oliver No. 2, \$30.00.
L. C. Smith Bros. No. 5, \$60.00.
L. C. Smith Bros. No. 2, \$50.00.
L. C. Smith Bros. No. 1, \$40.00.
Remington No. 10, \$40.00.
Smith Premier No. 10, \$40.00.
Remington No. 6, \$20.00.
Smith Premier No. 2, \$20.00.
Blith, \$20.00, all models.
Blue Grass Ribbons, 75c each, for all machines.
Carbon Paper \$1.50 per 100 sheets.
Typewriter Oil 25c.

We handle more Typewrites in one week than some of these peddlers sell in a year.

Candiotto machines are fully guaranteed for two years.

Easy terms to suit you.
We have all models in stock.
We have new machines, too.
Phone or write us.

**The Joseph
Candiotto Co.**

151, 153 and 155

N. Broadway,

Lexington, Kentucky.